



FRANK W COX HIGH SCHOOL ORCHESTRA

STEVEN B. THORNE, DIRECTOR

DESTINATION: NASHVILLE, TN

DATES: APRIL 14-18, 2027

SUGGESTED ITINERARY AS OF SEPTMEBER 10, 2026

Travel Consultant: Alyssa Hosking

Trip Operations Manager: Stephanie Anderson

WEDNESDAY, APRIL 14

10:00 PM One (1) 56-passenger motor coach arrives at **Frank W Cox High School**
2425 Shorehaven Dr. Virginia Beach, VA 23454

10:30 PMEST Depart for **Nashville, TN** (719 miles, 11 hours allotted for drive time, plus 1 ½ hours
for lunch (student cost), breaks, driver change and gain 1 hr time change- 11.5 total hrs)



THURSDAY, APRIL 15

- AM Breakfast en route (student cost)
- 10:30 AM^{CST} Arrive in **Nashville** at the **Jackson Hermitage**
~ Meet your Professional BRT Tour Director upon arrival ~
- 10:45 AM Take a **guided tour** of the **Jackson Hermitage**
The homeplace of the nations 7th president, Andrew Jackson, is a national historic landmark and museum.
- 12:00 PM Enjoy a **boxed lunch** at the **Hermitage**
- 12:45 PM Depart for the **Musicians Hall of Fame and Museum**
1:45 PM Arrive and explore the **Musicians Hall of Fame and Museum**
Celebrating the talented musicians and artists who played on the greatest recordings of all time. Some are well known and some may surprise you by their recording work!
- 3:30 PM Load motor coach depart for **Downtown Nashville**
3:45 PM Arrive and enjoy some time to explore
- 5:45 PM Meet as a group at Ole Red
6:00 PM Take in dinner and dancing at **Ole Red**
- 7:30 PM Load motor coach; depart for your **Nashville area hotel**
- 8:00 PM Arrive at your hotel; check in
PM Relax after a long day of travel
- ~ 1 Private security chaperone at the hotel from 10:30pm – 5:30am ~

FRIDAY, APRIL 16

- 7:30 AM Enjoy breakfast at the hotel
- 9:00 AM Load motor coach; depart for **Centennial Park**
- 9:30 AM Arrive at **Centennial Park** and head to the **Parthenon**- enjoy some free time here
**museum admission not included*
- 10:30 AM Load motor coach; depart for the **John Seigenthaler Pedestrian Bridge**
- 11:00 AM Take a walk over the **Pedestrian Bridge** for great views of the city
- 11:30 AM Walk as a group to **Assembly Food Hall**
- 12:00 PM Enjoy lunch at **Assembly Food Hall** (student cost – CASHLESS FACILITY)
- 1:30 PM Load motor coach and depart for the **Grand Ole Opry**
- 2:30 PM Take a **guided backstage tour of the Grand Ole Opry**
- 4:00 PM Walk as a group to the **Gaylord Opryland Resort**
Enjoy some time exploring the gardens
- 5:00 PM Load motor coach; depart for **Paula Deen's Family Kitchen**
- 5:15 PM Enjoy a group dinner at **Paula Deen's**
- 6:30 PM Load motor coach; depart for the **Grand Ole Opry**
- 7:00 PM Enjoy a performance at the **Grand Ole Opry**
During any given Opry show, audiences can expect the best in country, bluegrass, comedy, gospel, and more performed by Country Music Hall of Famers, Opry members who helped establish the Opry as the home of country music, revered superstars, and rising rookies just starting to make names for themselves. "The Grand Ole Opry celebrates the diversity of all the musical styles under the country music umbrella."
- 9:00 PM Load motor coach; depart for your hotel
- 9:30 PM Arrive at your hotel; pack for tomorrow's departure
- ~ 1 Private security chaperone at the hotel from 10:30pm – 5:30am ~

SATURDAY, APRIL 17

**final itinerary subject to change due to festival*

7:00 AM Enjoy breakfast at the hotel
 8:00 AM Load motor coach; depart for your **performance location**
 9:00 AM Arrive and unload

AM	Warm up
AM	Frank W Cox Orchestra participates in the Heritage Festival

11:30 AM Depart for the hotel-
 12:00 PM Arrive- drop luggage and change

12:30 PM Depart for **The Nashville Farmers' Market**
 900 Rosa L Parks Boulevard, Nashville, TN 37208
 1:00 PM Enjoy lunch at **The Nashville Farmers' Market** (student cost) and time to explore
There is something for everyone at the Nashville Farmers' Market! Feast on your choice of food from a variety for options including: B&C Market BBQ, Bella Nashville (pizza), Bowl & Roil (sushi), Chicago Gyro, El Burrito Mexicano, Farmers Deli & Grille (hot dogs, burgers, sandwiches, etc.), Green Asia (Chinese and Japanese cuisine), Music City Crepes (sweet & savory crepes), and more! Top it all off with a coffee beverage, unique juice, or dessert from one of the novelty shops in the market.

2:00 PM Depart for the **Country Music Hall of Fame**
 222 5th Avenue S., Nashville, TN 37203

2:30	PM	Frank W Cox Orchestra participates in an Inside Tracks Singer-Songwriter Workshop (based on availability)
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PM Workshop ends; explore the **Country Music Hall of Fame**
Step into the world of country music and discover the stories behind the songs. See over 3,000 stage costumes, original song manuscripts, instruments & personal items on display.

5:30 PM Walk as a group to the **Wildhorse Saloon**

6:00 PM Enjoy a **group dinner and line dancing** and **awards ceremony** at the **Wildhorse Saloon** (Included with festival)

9:00 PM Load motor coach; depart for hotel
 9:30 PM Arrive

~ 1 Private security chaperone at the hotel from 10:30pm – 5:30am ~

SUNDAY, APRIL 18

8:00 AM Enjoy **breakfast** at the hotel

9:00 AM Check out of hotel; begin loading

9:30 AM^{CST} Depart for home (715 miles, 11 driving hours plus 1.5 hr for stops, and lose 1 hr time change)

PM Lunch stop at Buc-ee's in Kodak, TN (student cost)

PM Dinner en route (student cost)

11:30 PM^{EST} Approximate arrival back at **Frank W. Cox HS**

WELCOME HOME!